Sarah Hagerty, Ph.D., is a postdoctoral fellow at Stanford University and VA Palo Alto Health Care System in the Williams PanLab. She graduated with a BA in Psychology from Carleton College and dual PhDs in Clinical Psychology and Neuroscience from University of Colorado Boulder. Sarah imagines a new way of conceptualizing and treating psychological disorders and sees precision medicine as the future of psychiatry. Sarah is interested in the role of human connection in building meaning and fulfillment. She is an active practicing clinician and sees her clinical work as a rich source for scientific hypotheses and personal inspiration. A native of Colorado, Sarah is happiest when she's on a hiking trail.

Dr. LaWanda Hill is the owner of Hill Psychological and Consultation Services, and a full time psychologist at Stanford University where she is the lead clinician and strategist for diversity, equity, and inclusion (DEI) initiatives at the Counseling and Psychological Services Center.

Dr. Hill holds both a Doctorate of Philosophy in Counseling Psychology and a Masters degree in Professional Counseling from the University of Houston as well as a Bachelor of Science in Psychology from the historically black college Southern University and A&M College. She is a licensed psychologist, consultant, and curator of transformative spaces.
Dr. Hill specializes in providing culturally sensitive group work services, individual therapy, curated conversations, and DEI consultation and trainings. She also specializes in sexual wellness for Black women and women of color. She is passionate about empowering women to embrace their full sexuality and crafting custom spaces, tailored for the healing and growth of her clients.

Dr. Hill is a proud native of northern Louisiana, and possesses an enduring love for assisting others in the journey of self-discovery and holistic growth since her early years of childhood.

She speaks of her work saying, "It is truly life-giving and rewarding to create unique and enlightening spaces, whether intimate or large. I am proud to be a provocateur for change and champion for wellness. I consider my mission candid in words and complex in meaning: to empower others to be the highest version of themselves."

Dr. Hill's philosophy is built on the notion that as individuals we do not exist in a vacuum. She assists her clients in exploring the cultural, contextual, and systemic factors that may be restrictive and limiting, and therefore impact their overall psychological health and well-being.

Dr. Hill's work experience spans private practice, university counseling centers, a federal correctional institution, a veterans administration center, inpatient psychiatric hospitals, inpatient substance abuse clinics, residential treatment for adolescent girls in foster care and the juvenile justice system.

Above all, she is oriented in service and dedicated to lending her voice to Black liberation, female empowerment, and social justice.

Helen is a staff psychologist, Asian American specialist, and lecturer at Stanford University, current president of the Asian American Psychological Association (AAPA), and Training Advisory Committee Member of the American Psychological Association (APA) Minority Fellowship Program.

She is also an adjunct professor at Palo Alto University.

Helen Hsu
Session: Honoring Our Differences; Connecting Communities
Orientation and Gender Expression, and was a Union City Human Relations Commissioner for 10 years.

As a bi-cultural, bi-lingual clinician, Helen has worked within the Alameda County Behavioral Healthcare system in roles ranging from intern to clinical supervisor within Asian Community Mental Health Services and the City of Fremont Youth and Family Services.

Her work has focused primarily on intersectional diverse communities, culturally responsive treatment, parenting education, school-based clinical services, grief and loss, and mentorship and leadership training of psychology students. She has worked extensively in private practice and is a consultant for the Netflix series 13 Reasons Why and author of several book chapters on clinical topics.

Abraham Burickson is an artist, architect and writer. He is the co-author of Odyssey Works, written with long-time collaborator Ayden LeRoux, which proposes how to center empathy in art practice. He is the Artistic Director of Odyssey Works and teaches at MiCA in Baltimore.

Ayden LeRoux is an artist, writer, and educator living in Brooklyn. She is the co-author of Odyssey Works, written with long-time collaborator Abraham Burickson, which proposes how to center empathy in art practice.
Annie Atura Bushnell

Session: Connecting Breath With Movement (Yoga)

Annie teaches yoga and Pilates for Stanford Recreation & Wellness. She has led fitness classes at Stanford for seven years and served as the President of Stanford Aerobics and Yoga for three. Off the mat, she's a Lecturer in English and Feminist, Gender, and Sexuality Studies. She lives in San Francisco with her pandemic baby!

Aleta Hayes

Session: Connecting Through Dance and Music

Learn to connect to yourself and the world around you through Dance and Music. Start the day with a fresh and faceted perspective on how you move in the world, wherever you are and whatever you are doing. Spatial awareness. Gravity. Becoming the Music. Fluidity. Community. Be prepared to move in your own 8x8 foot space and transform your world.

Bill Burnett

Session: Disruption Design: How to Stay Connected Through Resiliency and Thrive in the Face of Change

Today, we are not just dealing with the pandemic and its downstream impact, we are also dealing with various other disruptions from normal — socially, politically and economically. In the midst of uncertain times, discover ways to stay connected to a well-lived, joyful life through self-care, resiliency, and a hopeful plan for your future!
Dr. David Bradford

Session: Connecting in the Time of COVID-19

David Bradford is the Eugene O’Kelly II Senior Lecturer Emeritus in Leadership. He received his PhD in social psychology from the University of Michigan and taught at the University of Wisconsin-Madison before coming to Stanford in 1969.

His research interests have led to six books, numerous articles, three training programs and a MOOC on leadership, team performance, and the influence process. He also has consulted and conducted executive programs to a variety of organizations in the for-profit and not-for-profit sector, including Hewlett-Packard, IBM, Cisco Systems, Levi Strauss & Co., Roche Pharmaceutical, Raychem, and the Whitney Museum of American Art.

In addition, Dr. Bradford has been involved with educational innovation at the college level. He was the founder of The Organizational Behavior Teaching Society and the first editor of their journal. He received the Exemplar of Excellence in Education award from The University of Phoenix. Dr. Bradford is on the editorial board of The Journal of Applied Behavioral Science, The Journal of Management Education, and The Academy of Management Learning and Education.

Dr. Amina Darwish

Session: Gratitude; Connecting Through Our Common Humanity

Amina Darwish "Imamina" started as the Associate Dean for Religious and Spiritual Life and Advisor for Muslim Life in February 2021. She previously served as the first full time Muslim Life Coordinator at Columbia University. Dr. Darwish has a decade of professional experience working with Muslim community. She also brings years of experience building and serving in nonprofit organizations. Dr. Darwish brings a unique blend of understanding the different cultures within the Muslim community while staying grounded in traditional Islamic scholarship.

She earned a Ph.D. in Chemical engineering before switching careers to follow her true passion for community building. She remains passionate about including ethics, meaning, and service into STEM disciplines. Dr. Darwish strives to always create a culture of openness and consistent kindness into the communities she serves. She earned ijazas,
traditional Islamic studies certifications, from the Qalam and Critical Loyalty seminars including an ijaza in the ten Qira’at. Dr. Darwish has studied individually under different scholars from different parts of the world and has taught college level coursework on Islam and Muslims.

Panelists: Staying Connected During COVID-19

Caitlin Azhderian
WorkLife Portfolio Manager, WorkLife Office

Rosan Gomperts
Director, Staff & Faculty Help Center

Inge Hansen
Director, Well-Being at Stanford and Weiland Health Initiative, PsyD

Patricia Karlin-Neumann
Senior Associate Dean, Office for Religious Life

Dr. Christina Khan
Clinical Associate Professor, Psychiatry and Behavioral Sciences