Virtual experiences

Virtual connections, such as “get-togethers” via Zoom after work with a group of friends, have become the new normal during the coronavirus pandemic. While we continue to shelter in place, here’s a brief list of other virtual activities and experiences — some to enjoy alone, and others with friends.

Virtual meditation
Meditation Mondays – Zoom meetings each Monday, 5:00-5:30pm
Shelter-in-PEACE – Stanford webinar each Monday, 12:20-12:50pm

Virtual museums
Cantor’s Museums from Home
The Louvre
The British Museum
The Guggenheim

Virtual travel
National Parks tours
Northern Lights tour

Virtual field trips
Kennedy Space Center

Virtual concerts and art at home
Stanford Arts @ Home
AXS Live Streaming Concert Hub

“Fitness in place”
BeWell in Five exercise videos
Stanford Recreation & Wellness exercise videos
Stanford Recreation & Wellness Zoom Online Fitness Classes
The 42 Best Fitness Apps
Yoga with Adriene
MuscleWiki

Virtual learning resources for children and families
Stanford Cardinal at Work COVID-19 Family Resources

Virtual (online) game nights and other events
Board Game Arena
Funbridge
Freecell
Houseparty
Pandapop
TriviaMaker
Jackbox
Pub Quiz
Bridge Baron