

BeWell Commitment Resources

This list is provided as a service only. We do not endorse any of these references. These resources are not exhaustive, but rather are a sampling of local and national resources aimed at harnessing the power of service.

Commit to Community	Commit to Family
<p>Adults</p> <ul style="list-style-type: none"> • Stanford Volunteer Resources • Group Volunteer Opportunities • Stanford Haas Center for Public Service • Bay Area Volunteer Opportunities • Volunteer Match • Stanford Community Leave Bank 	<p>Caregiving & Parenting</p> <ul style="list-style-type: none"> • Childcare Support • Caregiving Support • Special Needs Resources • Family Care and Leave Information • Adoption
<p>Family & Youth</p> <ul style="list-style-type: none"> • Volunteer Opportunities for Kids • Volunteer Opportunities for Families 	<p>Feeding the Family</p> <ul style="list-style-type: none"> • Nutrition Resources • Grocery List
<p>Toolkits</p> <ul style="list-style-type: none"> • For Adults • For Kids 	<p>Planning & Transitions</p> <ul style="list-style-type: none"> • Retirement Planning • Living & Aging Resources • End of Life Care

