Common environmental hazards in the home

1. **Objects you can trip over.** The [Centers for Disease Control and Prevention](https://www.cdc.gov) (CDC) reports that accidental falls are the leading cause of nonfatal injury among nearly every age group.

2. **Unstable furniture, especially today’s large TVs,** can cause major injuries if they tip over.

3. Falling off a **ladder**

4. **Broken or non-existent smoke alarms**

5. **Unattended burning objects such as candles, cigarettes, that pot you left on the stove**

6. Other fire hazards such as **lint in your dryer** and **faulty space heaters**

7. **Broken or non-existent carbon monoxide detectors**

8. Unattended **swimming pools**

9. **Guns**

10. Falling out a **window** – and choking or strangulation from window blinds or cords

11. **Toxic “home” substances** – whether it be laundry detergent pods, cleaning supplies, prescription drugs such as opioids, beauty products, batteries, pesticides and fertilizers in your garage