• EARLY RECOVERY GROUP: FACILITATED BY DR. ANNA LEMBEKE AND FELLOW
  - Weekly Meetings
  - OPEN Group
  - Initial Screening required
  - Group runs indefinitely

• SMOKING CESSATION GROUP: FACILITATED BY DR. MATTHEW KENDRA
  - Weekly Meetings
  - OPEN Group
  - Screening required
  - Group runs indefinitely, but we ask patients to commit to at least 8 sessions.
    (Individual motivation interviewing, group behavioral therapy, mindfulness skills coaching, support, education/streamlined referral for nicotine replacement therapy and medications)

• MINDFULNESS-BASED GROUP FOR SUBSTANCE USE & BEHAVIORAL ADDICTIONS (e.g., gambling, internet, etc): FACILITATED BY DR. MATTHEW KENDRA
  - Weekly Meetings
  - CLOSED group
  - Screening required; meet with Dr. Kendra before joining. 12 week commitment, structured group involving homework assignments. Pt should have a willingness cut down on or quit the substance they are actively using.
  - We will do intakes until we get 12 people committed and then start group. We can do intakes while that group runs and then plan to launch another group following its completion.